



EXPRESS YOURSELF IN 2024 WITH WHOLE HEALTH CREATIVE ARTS!

Have you always wanted to learn to paint, draw, or play an instrument? Let 2024 be the year you meet that goal with Whole Health!

In Person at Marion VA Behavioral Health Building

- Strings 1, Guitar 2, Harmonica, Percussion

Virtually from the comfort of your home

- Creative Writing, Creative Art

To join one of our groups:

Call us at 618-993-4147

Email us at WholeHealthMarion@va.gov

Learn more at wellvets.com/marion

STRINGS 1
TUESDAYS 1400

***ALL EQUIPMENT
PROVIDED***

GUITAR 2
TUESDAYS 1300

HARMONICA
TUESDAYS 1500

**PERCUSSION
(DRUMS)**
WEDNESDAYS 1300

**VIRTUAL
CREATIVE
WRITING**
WEDNESDAYS 1500

**VIRTUAL
CREATIVE ARTS**
FIRST AND THIRD
THURSDAY OF THE
MONTH 1300-1500
***ALL SUPPLIES
PROVIDED***