

Do you experience pain nearly every day?

wHOPE

WHOLE HEALTH OPTIONS AND PAIN EDUCATION

If so, you may be a good fit for the **wHOPE** study, which could help treat your chronic pain.

What is wHOPE?

wHOPE is a research study that tests different approaches to helping Veterans improve their pain, functioning, and overall health and well-being.

Am I eligible?

- Do you regularly receive primary care through the VA St. Louis Health Care System?
- Have you had chronic pain every day or nearly every day for at least 6 months?
- Can you participate for 12 months?

For more information and to find out if you are eligible, please contact us at **(314) 289 6583** or **(314) 939 8097**.



You can receive up to **\$200** in study payments; you will be helping other Veterans.

NIH National Center for Complementary and Integrative Health

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